

Rogaining „Christmas Choice” 2019

Pre-start information

Event center. Event center and participant registration will be located at **Rehabilitation Center "Tērvete"**. The road from highway Jelgava - Tērvete - Augstkalne (P95) to event center will be marked. Event center location marked on a map (**Red dot**):

https://balticmaps.eu/lv/c_2605455.09-7654563.17-15/f_p-hRqf+lVpp5/w_2604141.72,7655477/bl_cl

Coordinates: Lat: 56.484857, Lon: 23.393532.

When you arrive at the event, please follow the traffic regulators instructions, so that you can park your car as close to the event center as possible.

Entrance to the event center from the park - follow the directions!

Event center is a hall and utility rooms, like, corridors, WC etc. of Rehabilitation Center "Tērvete". **Showers will be available at the event center.** Places that will be enclosed with tapes or inscriptions, competitors are not allowed to stay.

Please don't walk with studded or very dirty shoes in the event center!

Competition area. Tērvete neighborhood. The terrain is a forest of mixed trees with good to medium runability, and in some places worse. There is clear road and trail network. There are quite a few clearings outside the landscaped park area. In the western part of the map, in the former Army Base area, there are remnants of wire fences, various metal structures and communication trenches (narrow concrete ditches) in the forest - be careful when moving in this area! Eastern part of the map - previously unused for orienteering, flat, with Zemgale characteristic forests with rich vegetation. Agricultural land adjacent to forests, mostly cultivated - sown.

The competition area is located in Tervete Nature Park. **Be careful about nature and do not leave household waste in the area of the competition - used carton and gel packets, drinking bottles and other household waste!**

There won't be any water points placed in the area, drinking water will be available only at the event center.

Maps. Specially created map for this event, using LGIA LIDAR data and other cartographic information. Author of the map - **Raimonds Lapīņš**. Size of the map is **B3 (353 x 500 mm)** and **Scale 1:20 000**. Contour every **2m**. **Maps are laminated from both sides.**

CP values. In the competition are there will be placed **46 CP** with values from **3** to **8**. Total CP value is **238**.

Dangerous and forbidden places. It is forbidden to cross water bodies (lakes, ponds and river) and insurmountable swamps in freely chosen places!

It is strictly forbidden to cross the lake Lielaucis and to go on the ice!

During the race traffic is not limited, so when on road, please be careful and obey traffic laws. **Be extra careful when crossing or following the highways Jelgava - Tērvete - Augstkalne (P98) and Dobeles - Tērvete - Eleja (P103)!** It is advised to use reflectors.

Crossing house yards is not allowed unless there's road going through it. Better walk around the houses, so you don't disturb the tenants. Forbidden territories – residential area, gardens, graveyards – is marked in olive green color on the map. **Crossing of the territories that are agricultural or gardens is strictly**

forbidden. Territories that are underlined in red are forbidden. Industrial areas marked with black delineation are prohibited.

Because it's winter time and leaves has fallen from trees, the area is looking gray and everything is blending together, so it is very important to look out for tree branches and bushes. It is advised to use some kind of eye protection, for example sport goggles, work goggles or a cap. Please be careful and watch your eyes!

Registration. Participant registration takes place at event center, team registration numbers are used as identifiers. Team registration numbers can be found in the registration system. At the event center there will be list of participants.

Registration will be organized as follows:

- Team **is registered**, **entry fee is payed** and there **aren't** any last minute changes (**green line**);
- Team **is registered**, but **entry fee hasn't been payed** and there **aren't** any last minute changes (**yellow line**);
- Team **isn't registered** or teams **with** any last minute changes (**red line**).

After the registration participants will get the team's envelope which contains – participants' numbers, clips, rented (if any) SI-cards (cleared), SI-card wristband and food vouchers.

Participants have to attach the SI-card to their wrist with the given wristband **themselves**. Examples given in the following images:



Wristbands are waterproof and it isn't allowed to cover them with any type of tape. Cord is not required! If any problems arise with the wristbands and attaching process, please talk to the judges at the event center!

Event flow. The handout of the maps will be organized outdoor, near the event center.

Only one team member with attached team number arrive to receive maps!

Team can receive the additional map for route planning.

There will be limited space for course planning indoors at the event center - tables in the hall (1st floor) and dining room (2nd floor). Other public areas of the event center will also be available for distance planning. Your car can be used for course planning.

Please, after planning a course, remove your belongings in the dining area from the tables, and do not leave your property in the dining area, so that it does not interfere with the organization of catering!

The START zone of the race will be located in the Tērvete Rehabilitation Center park near the competition center.

At the entrance of START zone there will be placed SI-card CLEAR device.

Entrance in the start zone will be organized in multiple lines. Show the judges SI wristband mounted on the hand and make a punch in CHECK-IN device.

The participants themselves are responsible, that they have cleared and checked-in their SI-cards!

The activation of non-contact marking devices (SIACs) is provided by CHECK-IN.

The start is common to all groups according to the race center clock at 12:00 from the start zone.

KP stations will be switched on in touchless mode with a range of 30 cm (0.3 m).

All members of the same team must mark at the checkpoint within 1 (one) minute (60 seconds).

If there is an emergency situation while still in the distance, call:

112 Rescue Service

113 Emergency medical assistance

+371 26517125 Organizer's help telephone (has been printed on the map too)!

In case any of the checkpoint cannot be found (stolen or destroyed) or the checkpoint device isn't working, please send SMS to the Organizer's help mobile phone number, specifying the team number, number of checkpoint from which you are coming and the number of checkpoint destroyed, for example - 2011 35,42cp (team 2011, comes from 35th CP and can't find 42th CP).

If the CP does not work, then make a punch with a mechanical punching device (composter) on the edge of the map, but You must also send SMS to the Organizer's help number. Teams that will only show the mark with composter, but will not send SMS, CP will not be credited.

Finished teams must read the results by 16:30.

Lottery will be at the end of the race! The prizes will only be received by on-site participants.

At the end of the competition, in addition to the "Christmas Choice" awards ceremony, there will also be a Latvian Cup (LC) overall ranking awards ceremony, and at the end of the evening, an informal event with pretzels and other treats will celebrate 10 years of "Christmas Choice" and will mark rogaining LC 2020 plans.

Good luck in the race!